

March 2021

American Montessori Breakfast Menu

Monday		Tuesday		Wednesday		Thursday		Friday	
1	1 oz. Kelloggs Apple Jacks Cereal 1 oz. WG Animal Crackers 1/2 c. Mandarin Oranges 4 oz. 100% Fruit Punch Juice Choice of Milk	2	2.2 oz WG Breakfast Round 1/2 c. Tropical Fruit 4 oz. 100% Orange Juice Choice of Milk	3	4 oz. Yogurt 1 oz. WG Graham Crackers 1/2 c. Diced Pears 4 oz. 100% Grape Juice Choice of Milk	4	1 oz. WG Cereal Bowl 1 oz. WG Animal Crackers 1/2 c. Fresh Apple 4 oz. 100% Apple Juice Choice of Milk	5	1 oz. WG Cinnamon Poptart 1/2 c. Applesauce 4 oz. Assorted 100% Juice Choice of Milk
8	1 oz. WG Breakfast Bar 1 oz. WG Animal Crackers 1/2 c. Diced Pears 4 oz. 100% Fruit Punch Juice Choice of Milk	9	1 oz. Kelloggs Cinnamon Toast Cereal 1/2 c. Fresh Apple 4 oz. 100% Orange Juice Choice of Milk	10	2.2 oz WG Breakfast Round 1/2 c. Applesauce 4 oz. 100% Grape Juice Choice of Milk	11	1 oz. WG Strawberry Poptart 1 oz. WG Graham Crackers 1/2 c. Diced Pears 4 oz. 100% Apple Juice Choice of Milk	12	2 oz. WG Bagel filled w/ Cream Cheese 1/2 c. Mandarin Oranges 4 oz. Assorted 100% Juice Choice of Milk
15	1 oz. WG Breakfast Bar 1 oz. WG Graham Crackers 1/2 c. Mixed Fruit 4 oz. 100% Fruit Punch Juice Choice of Milk	16	1 oz. Kelloggs Frosted Flakes Cereal 1 oz. WG Animal Crackers 1/2 c. Applesauce 4 oz. 100% Orange Juice Choice of Milk	17	1 oz. Coco Puffs Cereal Bar 1/2 c. Diced Peaches 4 oz. 100% Grape Juice Choice of Milk	18	1 oz. WG Cereal Bowl 1 oz. WG Animal Crackers 1/2 c. Fresh Apple 4 oz. 100% Apple Juice Choice of Milk	19	1 oz. WG Breakfast Bar 1 oz. WG Graham Crackers 1/2 c. Diced Pineapple 4 oz. Assorted 100% Juice Choice of Milk
22	1 oz. Kelloggs Apple Jacks Cereal 1 oz. WG Animal Crackers 1/2 c. Mandarin Oranges 4 oz. 100% Fruit Punch Juice Choice of Milk	23	2.2 oz WG Breakfast Round 1/2 c. Tropical Fruit 4 oz. 100% Orange Juice Choice of Milk	24	4 oz. Yogurt 1 oz. WG Graham Crackers 1/2 c. Diced Pears 4 oz. 100% Grape Juice Choice of Milk	25	1 oz. WG Cereal Bowl 1 oz. WG Animal Crackers 1/2 c. Fresh Apple 4 oz. 100% Apple Juice Choice of Milk	26	1 oz. WG Cinnamon Poptart 1/2 c. Applesauce 4 oz. Assorted 100% Juice Choice of Milk
29	1 oz. WG Breakfast Bar 1 oz. WG Animal Crackers 1/2 c. Diced Pears 4 oz. 100% Fruit Punch Juice Choice of Milk	30	1 oz. Kelloggs Cinnamon Toast Cereal 1/2 c. Fresh Apple 4 oz. 100% Orange Juice Choice of Milk	31	2.2 oz WG Breakfast Round 1/2 c. Applesauce 4 oz. 100% Grape Juice Choice of Milk				

This institution is an equal opportunity provider.

Menu items are subject to change based on availability.