



Monday	Tuesday	Wednesday	Thursday	Friday
2 Frosted Flakes Vanilla Wafers Fruit Cup 100% Juice 1% White or FF Chocolate Milk	3 Breakfast Nutrition Bar 100% Juice Fruit Cup 1% White or FF Chocolate Milk	4 Granola Packet Fresh Apple Dannon Nonfat Creamy Yogurt 1% White or FF Chocolate Milk	5 WG Blueberry Muffin Animal Grahams Fresh Orange 100% Juice 1% White or FF Chocolate Milk	6 WG Apple Roll 100% Juice Fresh Banana 1% White or FF Chocolate Milk
9 Trix Cereal Animal Grahams Craisins 100% Juice 1% White or FF Chocolate Milk	10 Cocoa Krispie Cereal Bar Vanilla Wafers 100% Juice Fruit Cup 1% White or FF Chocolate Milk	11 WG Bagel with Cream Cheese Fresh Apple 1% White or FF Chocolate Milk	12 Smore Nutrition Bar Fresh Orange 100% Juice 1% White or FF Chocolate Milk	13 WG Goody Bun 100 % Juice Fresh Banana 1% White or FF Chocolate Milk
16 Golden Grahams Cereal Animal Grahams Fruit Cup 100% Juice 1% White or FF Chocolate Milk	17 Breakfast Nutrition Bar Fruit Cup 100% Juice 1% White or FF Chocolate Milk St.Patrick's Day	18 WG Bagel with Cream Cheese Fresh Apple 1% White or FF Chocolate Milk	19 WG Banana Muffin Mini Vanilla Wafers 100% Juice Fresh Orange 1% White or FF Chocolate Milk	20 WG Breakfast Ring 100% Juice Fresh Banana 1% White or FF Chocolate Milk
23 Cocoa Puffs Cereal Bar Animal Grahams Fruit Cup 100% Juice 1% White or FF Chocolate Milk	24 Butterscotch Oatmeal Bar Goldfish Grahams Fruit Cup 100% Juice 1% White or FF Chocolate Milk	25 Granola Packet Fresh Apple Dannon Nonfat Creamy Yogurt 1% White or FF Chocolate Milk	26 Double Chocolate Muffin Animal Grahams Fresh Orange 100% Juice 1% White or FF Chocolate Milk	27 Cinnabar Fresh Banana 100% Juice 1% White or FF Chocolate Milk
30 Cinnamon Toast Crunch Cereal Animal Grahams Fruit Cup 100 % Juice 1% White or FF Chocolate Milk	31 Mixed Berry Rice Krispie Cereal Bar Vanille Wafers Fruit Cup 100% Juice 1% White or FF Chocolate Milk			



Thought for Thought

A dreamer is one who can only find his way by moonlight, and his punishment is that he sees the dawn before the rest of the world. - Oscar Wilde

Tips & Information

Established in 1989, the National School Breakfast week was created to remind and encourage all students to eat a nutritious breakfast. Research has shown eating breakfast in the morning provides the fuel children need to perform all day. Look to fresh fruits, vegetables, nuts, yogurt or toast for a quick and delicious meal.

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"or." = An alternative selection to choose. "WG"=Whole Grain
 1% White & Fat Free Chocolate Milk available daily.



****Menu Subject to Change****