



10/18/20

### **Important Information Regarding Coronavirus**

Dear Parents/Guardians,

The health and safety of our school community is very important to us. American Montessori Academy is monitoring this ever changing and challenging situation very carefully. Communication to our school community is one of the measures we are taking to ensure your health and safety during this coronavirus outbreak.

We have been notified that one of our staff members has tested presumptively positive for the novel coronavirus, also known as COVID-19. They are currently under quarantine and following the guidance of medical professionals. The individuals who have been in close contact with the staff member have been notified and advised to quarantine. Quarantine keeps someone who might have been exposed to COVID-19 away from others. It helps prevent the spread of disease that can occur before a person knows they are infected with a virus.

To further ensure the safety of our staff, students and parents, the school has thoroughly disinfected the areas using guidelines issued by the Centers for Disease Control and Prevention ("CDC").

Symptoms of COVID-19 may include fever, cough, and/or shortness of breath. If you are displaying any of these symptoms, please contact your physician.

There are steps that all of us can take to safeguard our own health and the health of our community. The CDC recommends that everyone take the following preventive measures:

- Wash hands frequently and effectively (i.e., use soap and water; rub hands under the water for at least 20 seconds). If soap and water are not available, use alcohol-based hand sanitizers.
- Avoid touching your eyes, mouth and nose.
- Keep a safe distance (6 feet) from anyone who may be sick.
- Clean and disinfect anything you touch frequently.
- Cover your cough or sneeze with a tissue; throw the tissue in the trash immediately.
- Adults and children should stay home when sick and for at least 24 hours after a fever breaks.

American Montessori Academy is monitoring the situation closely and we are committed to sending out timely information to our school community.

You can learn more about the coronavirus from the attached CDC guidelines or by visiting the website: <https://www.cdc.gov/coronavirus/2019-ncov/index.html>

Take care,

Renee Arnot  
Executive Director