



| Monday | Tuesday | Wednesday | Thursday | Friday |
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| Hot Philly Steak & Cheese Sub Diced Potatoes Diced Pears 1% White or FF Flavored Milk 3 | Chicken Fries w/ BBQ Sauce and WG Goldfish Baked Beans Mixed fruit 1% White or FF Flavored Milk 4 | Chicken Soft Taco on Wheat Tortilla with WG Spanish Rice Tossed Salad with Dressing Fresh Banana 1% White or FF Flavored Milk 5 | WG Pizza Slice Baby Carrots w/ Ranch Fresh Apple 1% White or FF Flavored Milk 6 | Half Day - No Lunch 7 |
| Chicken Fajita Sub on WG Bun Baked Beans Fresh Orange 1% White or FF Flavored Milk 10 | Meat Loaf w/ WW Dinner Roll Mashed Potato Mixed fruit 1% White or FF Flavored Milk 11 | Turkey Chorizo & Cheese Nachos with WG Corn Chips Mexican Salsa Fresh Banana 1% White or FF Flavored Milk 12 | WG Pizza Slice Fresh Broccoli & Ranch Dressing Fresh Apple 1% White or FF Flavored Milk 13 | Meatballs & Gravy with WW Dinner Roll Baked Green Beans Diced Pears 1% White or FF Flavored Milk 14 |
| Turkey Burger on WW Bun Diced Potatoes Diced Peaches 1% White or FF Flavored Milk 17 | Texas Chili w/ Cornbread Romaine Salad and Dressing Mixed fruit 1% White or FF Flavored Milk 18 | Chicken & Bean Burrito with WW Tortilla Mexican Pinto Beans Fresh Banana 1% White or FF Flavored Milk 19 | WG Pizza Slice Baby Carrots w/ Ranch Fresh Apple 1% White or FF Flavored Milk 20 | Sweet & Sour Chicken over Brown Rice w/WW Dinner Roll Stir Fry Vegetables Diced Pears 1% White or FF Flavored Milk 21 |
| No School 24 | No School 25 | No School 26 | No School 27 | No School 28 |
| No School 31 | | | | |



Thought for Thought

To win without risk is to triumph without glory. - Pierre Corneille

Tips & Information

The oldest pair of skates known date back to about 3000 B.C., found at the bottom of a lake in Switzerland. The skates were made from the leg bones of large animals, holes were bored at each end of the bone and leather straps were used to tie the skates on. Around the 14th Century, the Dutch started using wooden platform skates with flat iron bottom runners. The skates were attached to the skater's shoes with leather straps.

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"or:" = An alternative selection to choose. "WG"=Whole Grain 1% White & Fat Free Chocolate Milk available daily.

****Menu Subject to Change****

This institution is an equal opportunity provider.

