



| Monday | Tuesday | Wednesday | Thursday | Friday |
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| | | | WG Pizza Slice Fresh Broccoli & Ranch Dressing Diced Pears 1% White or FF Flavored Milk | Chicken Penne w/ WG Dinner Roll Savory Carrots Coins Fresh Orange 1% White or FF Flavored Milk |
| Grilled Chicken Breast on WW Bun Baked Beans Diced Peaches 1% White or FF Flavored Milk | No School | Turkey Chorizo Street Taco w/ WG Mini Flatbread Corn Obrien Fresh Banana 1% White or FF Flavored Milk | WG Pizza Slice Baby Carrots w/ Ranch Diced Pears 1% White or FF Flavored Milk | Baked Mostaccioli w/ WW Dinner Roll Romaine w/ Dressing Fresh Apple 1% White or FF Flavored Milk |
| BBQ Beef Rib Patty on WW Bun Seasoned Roasted Potatoes Mixed fruit 1% White or FF Flavored Milk | "New" Texas Style Chicken Drumstick w/ WW Dinner Roll Baked Beans Fresh Orange 1% White or FF Flavored Milk | Beef & Cheese Nachos w/ WG Corn Chips Mexican Salsa Fresh Banana 1% White or FF Flavored Milk | WG Pizza Slice Romaine w/ Dressing Diced Peaches 1% White or FF Flavored Milk | Asian Chicken w/ Brown Rice Stir Fry Vegetables Fresh Apple 1% White or FF Flavored Milk |
| Italian Meatball Sub on WG Bun Baked Green Beans Diced Pears 1% White or FF Flavored Milk | "New" WG Breaded Boneless Wings w/ WW Dinner Roll Baked Beans Fresh Apple 1% White or FF Flavored Milk | No School | Thanksgiving Day | No School |
| Cheeseburger Meatloaf on WW Bun Diced Roasted Sweet Potatoes Fresh Apple 1% White or FF Flavored Milk | Chicken in Gravy w/ WW Dinner Roll Mashed Potato Mixed fruit 1% White or FF Flavored Milk | Walking Taco w/ WG Corn Chips Mexican Pinto Beans Fresh Banana 1% White or FF Flavored Milk | WG Pizza Slice Romaine w/ Dressing Diced Peaches 1% White or FF Flavored Milk | Macaroni & Cheese with WG Dinner Roll Baked Green Beans Fresh Orange 1% White or FF Flavored Milk |



Thought for Thought

Wrinkles should merely indicate where smiles have been. - Mark Twain

Tips & Information

Eating pumpkins is good for you! It Contains 9 Important nutrients– Vitamin C, Vitamin E, magnesium, potassium, zinc, iron, alpha and beta carotenoids, which help prevent cellular damage as well as helps lower cholesterol. Have a happy and healthy Holiday Break!

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"or:" = An alternative selection to choose. "WG"=Whole Grain
1% White & Fat Free Chocolate Milk available daily.
****Menu Subject to Change****
This institution is an equal opportunity provider.

