



Monday	Tuesday	Wednesday	Thursday	Friday
 3	No Breakfast 4	Honey Wheat Bagel with Cream Cheese Fresh Apple 1% or FF White Milk 5	WG Banana Muffin Mini Vanilla Wafers 100% Juice Fresh Banana 1% or FF White Milk 6	WG Breakfast Ring 100% Juice Fresh Orange 1% or FF White Milk 7
Frosted Flakes Animal Grahams Craisins 100% Juice 1% or FF White Milk 10	Double Chocolate Chip Muffin Mini Vanilla Wafers Fruit Cup 100% Juice 1% or FF White Milk 11	WG Goldfish Grahams Fresh Apple Dannon Nonfat Creamy Yogurt 1% or FF White Milk 12	Oatmeal Cocoa Crisp Bar Fresh Orange 100% Juice 1% or FF White Milk 13	Cinnabar Fresh Fresh Orange 100% Juice 1% or FF White Milk 14
Cocoa Krispie Cereal Bar Animal Grahams 100% Juice Craisins 1% or FF White Milk 17	Breakfast Nutrition Bar 100% Juice Fruit Cup 1% or FF White Milk 18	Honey Wheat Bagel with Cream Cheese Fresh Apple 1% or FF White Milk 19	WG Banana Muffin Mini Vanilla Wafers 100% Juice Fresh Banana 1% or FF White Milk 20	WG Strawberry Pop Tart Animal Grahams Fresh Apple 1% or FF White Milk 21
Cinnamon Toast Crunch Cereal Animal Grahams Craisins 100% Juice 1% or FF White Milk 24	Double Chocolate Chip Muffin Mini Vanilla Wafers Fruit Cup 100% Juice 1% or FF White Milk 25	WG Goldfish Grahams Fresh Apple Dannon Nonfat Creamy Yogurt 1% or FF White Milk 26	Breakfast Nutrition Bar 100% Juice Fresh Banana 1% or FF White Milk 27	Raspberry Bar 100% Juice Fresh Orange 1% or FF White Milk 28



Thought for Thought

This is the true joy in life, being used for a purpose recognized by yourself as a mighty one, being a force of nature instead of a feverish selfish little clod of ailments and grievances complaining

Tips & Information

Labor Day, the first Monday in September, constitutes a yearly national tribute to the contributions workers have made to the strength, prosperity, and well-being of our country. The first unofficial Labor Day holiday was celebrated on Tuesday, September 5, 1882, in New York City. On June 28th, 1894 the first Monday in September was declared Labor Day by President Grover Cleveland. Labor Day is not only celebrated in the United States, but also Canada and other industrialized nations. This day for some is a day to relax and enjoy the end of summer & the beginning of another GREAT YEAR OF LEARNING!!

"or:" = An alternative selection to choose. "WG"=Whole Grain 1% White & Fat Free Chocolate Milk available daily.
****Menu Subject to Change****
 This institution is an equal opportunity provider.

